

PHP PSHE ↔ Online Safety ↔ RSE Progression

| Phase | PSHE Focus | Online Safety Focus | RSE Focus | Outcome |
|-----------|--|---|--|---|
| EYFS | Recognising feelings; friendships; rules; trusted adults | Privacy awareness; ownership; kind online behaviour | Body awareness; safe touch; consent foundations | Self-awareness and help-seeking behaviours |
| KS1 | Respect; managing feelings; rules; identifying bullying | Safe technology use; login protection; safe searching | Privacy; trusted relationships; permission seeking | Understanding safety applies online/offline |
| Lower KS2 | Rights; friendships; identity; conflict response | Passwords; digital footprint; communication etiquette | Boundaries; online bullying; autonomy | Independent digital behaviour grounded in relationships |
| Upper KS2 | Peer influence; diversity; wellbeing; media literacy | Media manipulation; grooming risk; data protection | Consent; healthy relationships; resilience | Critical judgement and responsible citizenship |