

POOL HAYES PRIMARY SCHOOL



Inspire, challenge, learn

PHYSICAL EDUCATION POLICY

Ratified: September 2023

Review: September 2025

Intent:

Rationale:

This policy outlines the teaching, organisation and management of Physical Education taught and learnt at Pool Hayes Primary School.

At our school Physical Education learning is taught through a wide variety of sessions which offer children a broad and balanced, progressive curriculum. This ensures the progression of Physical Education skills across all year groups, but also that all children are provided with an active and skills enriched learning over the course of each unit.

Our Aims:

At Pool Hayes Primary School, we believe that a high-quality Physical Education curriculum can inspire all pupils to succeed and excel in sport, both competitively and non-competitively through a range of physically demanding activities.

We aim to provide a curriculum which allows our children to become physically confident in a way which supports their health and fitness. Our values ethos and education links superbly to Physical Education, allowing us to embed our school values, this is particularly pertinent with our golden rules and Inspire, Challenge, Learn motto.

Physical Education- Intent:

At Pool Hayes Primary School, we are all active! We want our children to love physical education and sport. We want them to have no limits to what their ambitions are and grow up wanting to be personal trainers, nutritionists, sports journalists or gold medal winners.

At Pool Hayes, we aim to ensure that every child has the opportunity to access at least 60 minutes of inclusive physical activity a day, while covering all aspects of the PE national curriculum. We believe, through experiences and a broad, balanced and progressive curriculum tailored to all children, they will continue to have the motivation, confidence, physical competence, knowledge and understanding to value and take responsibility for their engagement in physical activity, sport and PE. Our intention is to develop a lifelong love of physical activity, sport and PE for every child at Pool Hayes. We help all children to make rapid progress in their physical, social and mental development. This helps them maintain a positive physical and mental outlook for the future.

Our ethos is 'inspire, challenge and learn,' therefore we make the most of all opportunities to take part in a variety of sports, exercise, outdoor activity and team competitions.

This is underpinned by:

1. **High Expectations** - All children are expected to succeed and make progress from their unique starting points.
2. **Modelling** - Sports coaches and class teachers ensure that children acquire the necessary physical and mental skills for sport and fitness through high quality modelling and demonstrating in lessons, at playtimes and in extra-curricular activities.
3. **Fluency** - Children soon become confident at applying their skills into other areas of the

curriculum, eg. problem solving, discussion, effective communication and collaboration.

4. **Vocabulary** - Subject specific vocab is taught explicitly and is expected to be used when children are discussing or participating in sports activities, lessons and events.

Implementation:

Children at Pool Hayes undertake weekly PE sessions, taught by class teachers and sports coaches. Our use of PE coaches, also ensure that our children receive quality first provision in all year groups during lunchtimes also.

Our PE coaches also work regularly within EYFS to support the children's physical development, focusing on improving core strength and fine and gross motor skills.

All children have the access to an inclusive curriculum. Support is provided for SEND children in line with other subjects and differentiating using the STEP method, meaning every child accesses consistent opportunities and input across the school. SEND children also have additional support and opportunities to compete in competitions/festivals via the West Bromwich Albion Foundation. All lessons are planned using the Striver scheme. The lessons focus on improvement in performance, building on skills year on year, competition and social and mental development.

A progression of skills is used with each year group, which enables pupils to build on and PE Curriculum Statement develop their skills each year for each area, with regular assessments at the beginning and the end of each unit. The children's progress in PE is accessible by all teachers meaning they can view the Foundation Assessment Tracker on DCPro which is continued year to year. This means all teachers have an active role in promoting the profile of physical activity, sport and PE.

Our lunchtimes at Pool Hayes are an important time for children to engage in physical activity and for all children to access to opportunity to engage in at least 60 minutes of physical activity a day. There is a weekly sport rota which is followed by all lunch time supervisors and supported by our PE coaches. This allows our children to have a broad and well-rounded opportunity to engage in physical activity.

All children at Pool Hayes, have access to a variety of extracurricular activities such as after school clubs four days a week and tournaments.

Children have the opportunity to participate in a wide range of competitions ranging from dodgeball to football to curling including the Young Tycoon Enterprise competition by the Peter Jones Foundation. Our participation and success in sporting events raise the profile of PE further and creates even more enjoyment of physical activity. This links in with our intent of allowing all our children to be physically active for life and understand the benefits of this.

Children in Year 6 participate in a swimming curriculum for 12 weeks a year. This is essential in teaching them this important life skill as well as life saving techniques. Children in Year 6 are invited to attend a residential trip where they will undertake various outdoor activities such as climbing, canoeing, raft building, and archery. Our aim is to further develop our offer of outdoor, adventurous activities to children in other year groups. Children are celebrated and encouraged to share their sporting successes outside of school by sharing trophies/certificates in Celebration Assemblies.

EYFS

The Early Years Foundation Stage Curriculum and carefully planned provision are designed to support children's physical development. We offer daily playful opportunities for children to engage in physical activity both in and outdoors. Our children have access to free flow play for sustained periods of time and are encouraged to use our large outdoor environment including our

all-weather Astro-turf playground with outdoor play equipment, mud kitchen, stage and large sandpit. We access this environment all year round and in all weather conditions to support the development of gross and fine motor control, balance, coordination, confidence and problem solving skills. We explore meditation, yoga and relaxation techniques and share a range of healthy snacks to develop our understanding of the importance of a balanced and healthy lifestyle.

Inclusion:

As a school we ensure that our curriculum is engaging and accessible to all children in our school community to achieve and thrive. Teachers do so by using ongoing judgement, formative and termly summative assessment to set ambitious targets and plan challenging work for all groups of pupils, including:

- High Attaining pupils,
- Pupils with low prior attainment/physical skill,
- Pupils from disadvantaged backgrounds,
- Pupils with SEND,
- Pupils with English as an additional language (EAL),
- Pupils with SEMH challenges.

All pupils, regardless of need and including all those of protected characteristics will have equality of access to the curriculum.

Further information can be found in our statement of equality and objectives, in our SEND policy and in individual subject policies.

Impact

The impact of Physical Education teaching will be measured in the following ways: The PE Leader will monitor the delivery and planning of the Physical Education Curriculum to ensure planning and teaching matches the aims and purpose outlined in this policy in a suitably progressive way. He will analyse the outcomes of pupil learning termly and provide next steps for staff.

Pupil Voice discussions and questionnaires will be carried out and. These will aid their understanding of the impact of the intent and implementation of delivering high quality Physical Education lessons.

The Governing body will monitor the intent, implementation and impact of the Physical Education curriculum regularly

Assessment, Recording and Reporting of PE:

All children in the EYFS are observed through both planned and incidental observations. They are assessed against the New Early Years Framework 2021 educational programmes and the Early Learning Goals. This assessment informs each child's next steps which are addressed in future planning and continuous provision opportunities.

From Year One onwards, children are observed in Physical Education lessons and questioning is used to assess understanding. Teachers also complete foundation assessment grids termly stating which children are Emerging, Developing, Secure or Exceeding, in consideration of age-expected, knowledge and skills in Physical Education. The "Striver" progression document and online assessments aid teachers when making these judgments.

Sports Premium Funding:

Schools must use the funding to make additional and sustainable improvements to the quality of Physical Education (PE), physical activity and sport we offer.

This means that we should use the premium to:

- develop or add to the PE, physical activity and sport activities that the school already offers
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years
- Schools can use the premium to secure improvements in the following indicators (please see Sports Premium budget for how we are meeting these):
- the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- the profile of PE and sport is raised across the school as a tool for whole-school improvement increased confidence, knowledge and skills of all staff in teaching PE and sport.

Our Sports Premium Impact and Review Action Plan can be found on our School Website.

Out of School Hours Learning/School Sport Partnership and Community Links:

At Pool Hayes Primary School we aim to provide a range of extra-curricular PE related activities. These encourage children to further develop their skills in a range of the activity areas. The school notifies parents of current club activities and children are encouraged to choose which activity they wish to participate in.

The School attends events arranged by The West Bromwich Albion Foundation where we compete against other local schools. This introduces a competitive element to team games and allows the children to put into practice the skills that they have developed in their lessons. These opportunities foster a sense of team spirit and co-operation amongst our children.

Safe Practice:

The general teaching requirement for health & safety applies in this subject. We encourage the children to consider their own safety and the safety of others at all times. We expect children to wear an appropriate PE kit at all times. No jewellery is to be worn for any physical activity

The teachers are expected to set a good example by wearing appropriate clothing when teaching PE (both indoors and outdoors).

Gymnastics equipment is checked annually by 'Gymfix'. We follow the guidance provided by AfPE (The Association for Physical Education) in their publication 'Safe Practice in Physical Education and School Sports (2020 edition).

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