



Inspire. Challenge. Learn

At Pool Hayes Primary School, we are committed to providing our children with a curriculum that inspires and challenges them to learn

Curriculum statement for the teaching and learning of Physical Education

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">INTENT</p>	<p>At Pool Hayes Primary School, we are all active! We want our children to love physical education and sport. We want them to have no limits to what their ambitions are and grow up wanting to be personal trainers, nutritionists, sports journalists or gold medal winners.</p> <p>At Pool Hayes, we aim to ensure that every child has the opportunity to access at least 60 minutes of inclusive physical activity a day, while covering all aspects of the PE national curriculum. We believe, through experiences and a broad, balanced and progressive curriculum tailored to all children, they will continue to have the motivation, confidence, physical competence, knowledge and understanding to value and take responsibility for their engagement in physical activity, sport and PE. Our intention is to develop a lifelong love of physical activity, sport and PE for every child at Pool Hayes. We help all children to make rapid progress in their physical, social and mental development. This helps them maintain a positive physical and mental outlook for the future.</p> <p>Our ethos is 'inspire, challenge and learn,' therefore we make the most of all opportunities to take part in a variety of sports, exercise, outdoor activity and team competitions.</p>			
	<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Underpinned By</p>	<p>High Expectations</p>	<p>Modelling</p>	<p>Fluency</p>
<p>All children are expected to succeed and make progress from their unique starting points.</p>		<p>Sports coaches and class teachers ensure that children acquire the necessary physical and mental skills for sport and fitness through high quality modelling and demonstrating in lessons, at playtimes and in extra-curricular activities.</p>	<p>Children soon become confident at applying their skills into other areas of the curriculum, eg. problem solving, discussion, effective communication and collaboration.</p>	<p>Subject specific vocab is taught explicitly and is expected to be used when children are discussing or participating in sports activities, lessons and events.</p>

Implementation

Children at Pool Hayes undertake weekly PE sessions, taught by class teachers and sports coaches.

Our use of PE coaches, also ensure that our children receive quality first provision in all year groups during lunchtimes also. Our PE coaches also work regularly within EYFS to support the children's physical development, focusing on improving core strength and fine and gross motor skills.

All children have the access to an inclusive curriculum. Support is provided for SEND children in line with other subjects and differentiating using the STEP method (space, task, equipment and people), meaning every child accesses consistent opportunities and input across the school.

All lessons are planned using the Striver by 2Simple. The lessons focus on improvement in development of movement and skills, performance, competition and social and mental development (including well-being).

A progression of skills is used with each year group, which enables pupils to build on and PE Curriculum Statement develop their skills each year for each area, with regular assessments in each lesson. The children's progress in PE is accessible by all teachers meaning they can view the Foundation Assessment Tracker on DCPro which is continued unit by unit, year to year. This means all teachers have an active role in promoting the profile of physical activity, sport and PE.

Our lunchtimes at Pool Hayes are an important time for children to engage in physical activity and for all children to access to opportunity to engage in at least 60 minutes of physical activity a day. There is a weekly sport rota which is followed by all lunch time supervisors and supported by our PE coaches. This allows our children to have a broad and well-rounded opportunity to engage in physical activity.

All children at Pool Hayes, have access to a variety of extracurricular activities such as after school clubs four days a week and tournaments.

Children have the opportunity to participate in a wide range of competitions ranging from dodgeball to football including the Young Tycoon Enterprise competition run by the Peter Jones Foundation. Our participation and success in sporting events raise the profile of PE further and creates even more enjoyment of physical activity. This links in with our intent of allowing all our children to be physically active for life and understand the benefits of this.

Children in Year 6 participate in a swimming curriculum for 10 weeks a year. This is essential in teaching them this important life skill as well as life saving techniques. Children in Year 6 are invited to attend a residential trip where they will undertake

various outdoor activities such as climbing, canoeing, raft building, and archery. Our aim is to further develop our offer of outdoor, adventurous activities to children in other year groups

EYFS

The Early Years Foundation Stage Curriculum and carefully planned provision using Striver are designed to support children's physical development. We offer daily playful opportunities for children to engage in physical activity both in and outdoors. Our children have access to free flow play for sustained periods of time and are encouraged to use our large outdoor environment including our all-weather Astro-turf playground with outdoor play equipment, mud kitchen, stage and large sandpit. We access this environment all year round and in all weather conditions to support the development of gross and fine motor control, balance, coordination, confidence and problem solving skills. We explore meditation, yoga and relaxation techniques and share a range of healthy snacks to develop our understanding of the importance of a balanced and healthy lifestyle.

PUPIL VOICE

Through discussion and feedback, children talk enthusiastically about their experiences and progression through the curriculum.

Wolves Ambassadors (supported by The Wolves Foundation) coach children across year-groups to encourage inclusive participation using buddy support methods.

Children celebrate their sporting achievements outside of school in celebration assemblies and are encouraged to talk to their peers about their experiences.

EVIDENCE IN KNOWLEDGE

We know our children will understand the importance of physical activity, sport and PE and motivate children to become confident, resilient and disciplined, so that they become independent and take responsibility for their health and fitness throughout their life.

EVIDENCE IN SKILLS

Children are taught how to:

- use running, jumping, catching and throwing in isolation and in combination
- play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

OUTCOMES

The impact of this curriculum design will lead to outstanding progress in their performance, competition and social and mental development. Children will therefore be expected to leave Pool Hayes a well-rounded individual physically, socially and mentally and will have reached at least their expected level in PE.

